

**ABSTRACT OF THE DISCLOSURE**

[0059] The construction method of meditation rooms, confession or opinion rooms, acquaintance rooms and opinion poll rooms is made of rooms that on the inside will be covered wall to wall, as well as on the ceiling by monitors, all rooms connect with the central unit where there will be a computer. In the central unit a selection out of four programmes will be made. Anyone that selects the first programme will go in the room and watch mandala, symbolic representations and abstract pictures. Anyone that selects the second and the third programme will be recorded by the camera but only what they themselves wish to record. In the second programme they will confess or express their opinions and in the third programme they will mention some information on them, if they wish to, in order to make some acquaintance. What has been recorded will go to the fourth programme, where anyone that has selected this programme will have a quick access to the videos recorded and will select the one he/she wants to see.